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Comings and Goings:

We bid farewell to members of our team Lachlan, Jayne and Ange and wish them all the best. Welcome to the following staff who have recently joined our team: Lina, Mackenzie, Carolyn Liam and Isha.

**NDIS Practice Standard 1
Rights and Responsibilities**

MACS provides person-centred supports respecting the values and beliefs of each individual. MACS respects the privacy and dignity, independence and informed choice of its service users and has in place measures to protect and uphold these values. MACS service is free from violence, abuse, neglect, exploitation and discrimination by ensuring its staff have yellow cards and by having appropriate policy and procedures in place.

From the Manager

HAPPY NEW YEAR!!! I feel like I yelled that just yesterday. 2019 has been a great one so far, but it's going too fast.

Since the last edition we welcomed the decision made by the COAG for the NDIS to fund a range of disability-related health supports. The supports must be a regular part of a participants daily life. Some examples include continence and respiratory support, supports to manage pressure wounds, difficulty swallowing, nutrition, podiatry and epilepsy. This change delivers significant difference to lives of NDIS participants that need support in these areas.

AGM season is upon us and members, customers and staff are invited to join us as the committee provide an overview on the year in review, MACS purpose, directions and financial health. The AGM will be followed by a social lunch and is being held at Chermshire Bowls Club from 12noon on Saturday 30th November.

As we enter the season when the cheeky elf travels around the house I thank you all for being a part of MACS in 2019. I look forward to seeing you all again when the office re-opens on Monday 6th January.

Merry Christmas.

Alison

CHRISTMAS CLOSURE

The MACS Office team will be taking a short break over the Christmas and New Year holiday period.

The office will be closed from **12noon on the 24th December 2019 until 9am Monday 6th January 2019**. All support services will continue to operate during this period.

The emergency phone will be contactable while the office is closed but please be clear that it is only to be contacted about things that cannot wait until our return.

Should you have any questions, please do not hesitate to contact us.



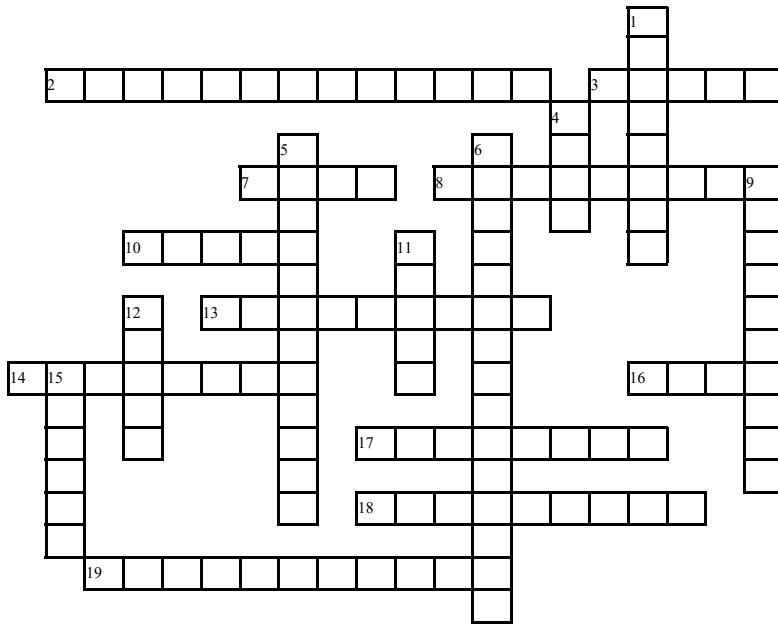
Snap Send Solve is an app that can be used to alert Council of things in our community such as accessibility issues, potholes, water mains, illegal dumping, overflowing bins etc.

The app is free and available from the Apple Store or Google's Play Store. Simply search for the Snap Send Solve and follow the prompts to download onto your mobile device.

This is a great app to make help make the community safer and more accessible for everyone!



Crossword Puzzle - 2



I love the residents the workplace and the staff :)

I ♥ The fun and friendly people we interact with

I love the fact that we're a drop in service, especially during the night for those who live alone!

The amazing people we meet, service users and staff alike!

The People :)

Fabulous clients!

Above: are some of the comments from our MACS team about why they love working at MACS! **Below:** photo from our manual handling training that we had in October.



- Across**
- 2. the action of providing or being provided with amusement or enjoyment
 - 3. a large meal typically a celebratory one
 - 7. an alcoholic drink made from yeast-fermented malt flavoured with hops
 - 8. spectacular effects and explosions used for display or in celebrations
 - 10. a social gathering of invited guests
 - 13. a white sparkling wine from Champagne
 - 14. a handheld firework that emits sparks
 - 16. an act of giving something as a present
 - 17. an extended period of leisure and recreation
 - 18. an act of counting numerals in reverse order to zero
 - 19. the action of celebrating an important day or event

- Down**
- 1. a confection in the form of a block of flavoured ice on a stick
 - 4. a special course of food to which a person restricts themselves to lose weight or for medical reasons
 - 5. last day of the year
 - 6. a system for controlling the humidity ventilation and temperaure
 - 9. the season or period of summer
 - 11. a pebbly or sandy shore especially by the sea between high and low water
 - 12. a religioys folk song or popular hymn paritcularly one associated with Christmas

Answers Crossword 1—Across; 1. ramp, 2. accessible, 3. hydrotherapy, 4. wheelchair, 5. hoist, 6. NDIS, 7. catheter, 8. MACS, 9. sling.

From the Coordination Team:

Please let Danielle know by 17th of December if you would like to make any cancellations or changes to your service of the Christmas / New Year period.

Danielle is taking a well earned holiday, last day of work will be 20th Dec 20, returning 20 Jan! Have a great break Danielle.

From the Management Committee

Hi, I'm Sharyn, a committee member of MACS. I currently work in a variety of roles, from Social Worker and Counsellor in a not for profit, as well as my own private practice, to Disability Support. My main area of focus in counselling is children, alcohol and other drugs as well as disability.

Over the years, I've worked in a variety of roles, accounts and payroll – from publicly listed companies to large and small not for profit organisations. I've been responsible for training, and also for the recruitment and interviewing of staff. In the last ten years, I transitioned my study from Business (Human Resources) to Counselling and Social Work, and worked in disability where such flexibility enabled me to complete two degrees. I've also been involved in a small not for profit community organisation north of Brisbane, as Committee member for many years, and Vice President for over 5 years.

I have four children and seven grandchildren, with the youngest being born just recently at the end of September. In my spare time, I love to be doing anything that involves wool – so knitting, crocheting etc. Learning to spin has been my most recent achievement. One of my current projects is a spiderman blanket for my 5 year old grandson, but I'm stuck on the web with that one (!).

I am delighted to be a member of this committee, and hope my business/human resource knowledge, coupled with my social work and practical disability experience can assist in driving MACS toward its strategic goals in the future. Feel free to contact if I can assist in any way.