

22 April 2020

Hi everyone,

Welcome to MACS Customer update 6.

On behalf of our Management Team, we want to take a moment to let you know we appreciate your ongoing support and business and we understand that for many of you MACS services are crucial to your day to day life. To that end, you can rest assured that MACS essential services are still operational and we have a tremendous amount of capacity to meet your needs.

MACS remain well positioned to provide access to the services people need, whilst doing everything we can to keep our customers and our team safe and healthy.

Here are a few more isolation activity ideas.

Anzac Day

As we are unable to attend a traditional Anzac Day Service this year, the RSL are asking Queenslanders to be out on their driveway or balcony at 6am to remember all those who have served and sacrificed. If we can help make this happen for you, please contact the office before midday Friday on 3857 0333.

You can also stream a short commemorative service here

<https://rslqld.org/News/Latest-News/Light-up-the-dawn>

Read a new book. Yesterday Today Tomorrow. This book was written by a friend over at Spinal Life Australia, Col Mackerath, put his unique life story into a perfectly timed covid page turner. Col shares his story of sustaining a high-level spinal cord injury at 18 and how he went on to live a life full of adventure and inspiration.

You can buy the e-book for the Kindle at

https://www.amazon.com.au/dp/B086PH5GW5/ref=cm_sw_em_r_mt_dp_U_BV4NEbS92W0Q7

Activities for kids / grandkids

If you have young kids, or grandchildren and looking for things to keep them entertained at home, Luna Park have some great activities available for download on their website

<https://justforfun.lunaparksydney.com/activities/>

Did you know?

If you believe you may be experiencing symptoms or have been in close contact with someone who has been affected by COVID-19, you can complete a self-assessment on the below website to determine your next steps.

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19>

I will provide a further update next week. Naturally if you have any questions in the interim you can reach me on 0403 553 574.

Please stay safe and know that you can count on MACS!

Regards,
Alison.